

## SHARMANS CROSS JUNIOR SCHOOL MENU

w/c 6<sup>th</sup> October 2014

<b>MONDAY</b>	<b>Gammon Steak &amp; Pineapple</b>
	<b>Southern Style Chicken Breast</b>
	<b>Cheese Whirl</b>
	<b>Soft Rolls</b>
<b>Tuesday</b>	<b>Roast Chicken Breast</b>
	<b>Beef Lasagne</b>
	<b>Quorn &amp; Broccoli Bake</b>
	<b>Soft Rolls</b>
<b>Wednesday</b>	<b>Roast Beef</b>
	<b>Chicken Fricassee &amp; Rice</b>
	<b>Quorn Fillet</b>
	<b>Soft Rolls</b>
<b>Thursday</b>	<b>Pork &amp; Apple Pie</b>
	<b>Deli Chicken Chunks in a Wrap</b>
	<b>Vegetable Lasagne</b>
	<b>Soft Rolls</b>
<b>Friday</b>	<b>Pizza</b>
	<b>Breaded Salmon</b>
	<b>Soft Rolls</b>